



100% PURE ISOLATE



Whey protein isolate is a concentrated form of whey protein that's been processed to remove most of the non-protein components. It's derived from milk during the cheese-making process. Whey protein itself is a complete, high-quality protein containing all essential amino acids necessary for the body. Whey protein isolate undergoes additional processing to remove the fat and lactose, resulting in a product with a higher protein content (usually 90% or more protein by weight) and very little fat and lactose.

Due to its high protein content and minimal carbs and fat, whey protein isolate is popular among athletes, fitness enthusiasts, and individuals looking to increase their protein intake without consuming significant amounts of additional fats or carbohydrates. It's commonly used in protein supplements, shakes, and various food products to support muscle growth, recovery, and overall protein needs. Whey protein isolate is by far one of the best forms of protein in the market.

NUTRITIONAL FACTS

		Aliment d'appoint en poudre riche en protéines pour sportifs. Avec édulcorant. Pulver zur Herstellung eines proteinreichen Kaltgetränkes mit Vitaminen und Süßungsmittel.	
Supplement facts / Infos nutritionnelles moyennes / Durchschnittliche Nährwerte		100 g	1 Portion / serving 25 g + 25 cl water/EAU/Wasser
Caloric Value / Valeur énergétique / Brennwert		1494 kJ / 357 kcal	374 / 89 KJ/Kcal
Fat / Lipides / Fett		2.3 g	0.4 g
- of which saturates / dont saturés / davon gesättigte Fettsäuren		1.5 g	0.4 g
Carbohydrates / Glucides / Kohlenhydrate		2.1 g	0.5 g
- of which sugars / dont sucres / davon Zucker		1.3 g	0.3 g
- of which lactose / dont lactose / davon Lactose		<0.1 g	0.02 g
Protein / Protéines / Eiweiß		84.1 g	21.0 g
Salt / Sel / Salz		0.38 g	0.10 g
Vitamins / Vitamines / Vitamine		100 g	1 Portion / serving 25 g + 25 cl water/EAU/Wasser
		NRV*	NRV*
Vitamin C / Vitamine C		84 mg	21.0 mg
Vitamin E / Vitamine E		16 mg	4.0 mg
Niacin / Niacine / Niacin		15 mg	3.8 mg
Panthothenic acid / Acide panthothénique / Pantothenensäure		6.4 mg	1.6 mg
Vitamin B2 / Vitamine B2		2.1 mg	0.53 mg
Vitamin B6 / Vitamine B6		1.8 mg	0.45 mg
Vitamin B1 / Vitamine B1		1.3 mg	0.25 mg
Folic acid / Acide folique / Folsäure		272 µg	68.0 µg
Vitamin B12 / Vitamine B12		4.1 µg	1.0 µg
		164 %	40 %
*Nutrient Reference Values / Valeurs nutritionnelles de référence / Nährstoffbezugswerte.			



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